Operating Thetan, 21 July 68

Section One Instructions

This section is done outside in the Open Air. It is done off a meter. But TA should be taken before and after doing the section. If the TA has gone high, a step has been (a) not flattened, or (b) overrun. Find out on a meter which it is. Handle it.

It is not the intention of this section to exteriorize anyone, but if it happens don't worry about it or fool around with the fact.

An auditor's report is due for each session, which can be one or more of these drills.

A great many phenomena (strange things) can happen while doing these drills if they are done honestly.

Don't do a session on these drills if you have an ARC break, a withhold, a PTP, are PTS or are ill. Instead, go to Review first. Do these (and any others) OT section sessions with rudiments in.

If one of these drills turns on a somatic, the drill should turn it off if continued.

GOOD LUCK

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OT 1, 21 July 68

(Cancels earlier OT 1 materials, which were a Clearing Course Repeat)

1. Walk around and count bodies until you have a cognition. Make a report saying how many you counted and your cognition.
2. Note several large and several small female bodies until you have a cognition. Note it down.
3. Note several large and several small male bodies until you have a cognition. Note it down.
4. Find a tightly packed crowd of people. Note it as a crowd, then as individuals, until you have a cognition. Note it down. Do step over until you do.
5. Seat yourself unobtrusively where you can observe a number of people. Spot things and people you are not. Do to cognition. Note it.
6. Seat yourself unobtrusively where you can observe a number of people. Spot things and people you can have. Do to cognition. Note it.
7. Note some physical thing about yourself you don't like. Observing people, in them, note that body part. Do to some change. Note it down.
8. Observing people spot things that are not wrong with them. Do to cognition. Note it.

9. Walk around and note someone walking toward you, then someone walking away, then someone walking toward you, etc. Do to cognition. Note it down.
10. Walk around and note how many people stick to the ground and their sense of weight. Do to cognition. Note it down.
11. Spot importances in people while looking at them. Do to cognition. Note it down.
12. Look into space and find places where there are no persons. Do to cognition. Note it down.
13. Walk around and note where there are people. Do to cognition. Note it down.

End of OT 1