

The Lower Bank

Directions for Trimming.

This is a 96 item bank.

The items are pairs 48 items apart. Thus 1 and 49 are opposites.

Start at the bottom, get all the reads off the 1st line of the item "To — — — machine";
Then get all the reads off the 2nd line of the item, "Not to — — —".
Then get all the reads off both.

Your worksheet should look like this.

16. LF, 3D LF, 7D F, 3D F, B D F

(b) LF, 3D F, 7D F, B D, F

both: LF, 3D LF, 7D F, 7D, F LF, 3D

F, 3D LF, 7D F, 3D F, B D F, 3D

LF, B D F, 3D F F F, LF, 3D

LF, 3D etc.

Best
Lun

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①

1. To Build a Postulatingness Machine
Not to Postulate Yourself
2. To Build a Thinkingness Machine
Not to Think Yourself
3. To Build an ~~Ideatingness~~ ^{Ideafyingness} Machine
Not to Ideafy Yourself
4. To Build a ~~Reasonableness~~ ^{Reasoningness} Machine
Not to Reason Yourself
5. To Build a Solvingness Machine
Not to Solve Yourself
6. To Build an Orderingness Machine
Not to Order Yourself
7. To Build a Spacingness Machine
Not to Space Yourself
8. To Build a Timingness Machine
Not to Time Yourself

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9. To Build a Massingness Machine
Not To Mass Yourself
10. To Build an Energizingness Machine
Not To Energize Yourself
11. To Build a Materializingness Machine
Not To Materialize Yourself
12. To Build a Solidifyingness Machine
Not To Solidify Yourself
13. To Build a Findingness Machine
Not To Find Yourself
14. To Build a Locatingness Machine
Not To locate Yourself
15. To Build a Positioningness Machine
Not To Position Yourself
16. To Build a Wantingness Machine
Not To want Yourself

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17. To Build a Desiringness Machine
Not To Desire Yourself
18. To Build a Cravingness Machine
Not To Crave Yourself
19. To Build a Gettingness Machine
Not To Get Yourself
20. To Build an Obtainingness Machine
Not To Obtain Yourself
21. To Build a Collectingness Machine
Not To Collect Yourself
22. To Build a Retainingness Machine
Not To Retain Yourself
23. To Build a Keepingness Machine
Not To Keep Yourself
24. To Build a Holdingness Machine
Not To Hold Yourself
25. To Build a Savingness Machine
Not To Save Yourself

26. To Build a Preservingness Machine
Not To Preserve Yourself
27. To Build a Survivingness Machine
Not To Survive Yourself
28. To Build a Recordingness Machine
Not To Record Yourself
29. To Build a Copyingness Machine
Not To Copy Yourself
30. To Build a Duplicatingness Machine
Not To Duplicate Yourself
31. To Build a Formingness Machine
Not To Form Yourself
32. To Build a Picturingness Machine
Not To Picture Yourself
33. To Build a Creatingness Machine
Not To Create Yourself
34. To Build a Makingness Machine
Not To Make Yourself
35. To Build a Producingness Machine
Not To Produce Yourself

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36. To Build a Constructingness Machine
Not To Construct Yourself
37. To Build a Viewingness Machine
Not To View Yourself
38. To Build a Seeingness Machine
Not To See Yourself
39. To Build a Perceivingness Machine
Not To Perceive Yourself
40. To Build a Sensingness Machine
Not To Sense Yourself
41. To Build a Feelingness Machine
Not To feel Yourself
42. To Build a Contactingness Machine
Not To Contact Yourself
43. To Build a Sensationingness Machine
Not To Sensation Yourself
44. To Build an Enjoyingness Machine
Not To Enjoy Yourself
45. To Build an ^{Exaltingness} ~~Exaltingness~~ Machine
Not To ~~have~~ Yourself

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⑥

46. To Build a Rememberingness Machine
Not To Remember Yourself
47. To Build a Conscio^{ize}ingness Machine
Not To Conscio^{ize}s₁ Yourself
48. To Build a Knowingness Machine
Not To Know Yourself
End of Positive Machines
49. To Build a Witholdingness Machine
Not To Withold Yourself
50. To Build an Unthink^{ify}ingness Machine
Not To Unthink^{ify}s₁ Yourself
51. To Build a Stupidifyingness Machine
Not To Stupidify Yourself
52. To Build an ~~Unreasonableness~~ ^{Unreasoningness} Machine
Not To Unreason^{ize}s₁ Yourself
53. To Build a Problem^{ify}ingness Machine
Not To Problem^{ify}s₁ Yourself
54. To Build a Confusingness Machine
Not To Confuse Yourself
55. To Build a Groupingness Machine
Not To Group Yourself

56. To Build a Timelessness Machine
Not to Timeless Yourself
57. To Build a Clearingness Machine
Not to Clear Yourself
58. To Build a Drainingness Machine
Not to Drain Yourself
59. To Build a Vanishingness Machine
Not to Vanish Yourself
60. To Build a Disintegratingness Machine
Not to Disintegrate Yourself
61. To Build a Losingness Machine
Not to Lose Yourself
62. To Build a Hidingness Machine
Not to Hide Yourself
63. To Build a Displacingness Machine
Not to Displace Yourself
64. To Build a Rejectingness Machine
Not to Reject Yourself
65. To Build a Disdainingness Machine
Not to Disdain Yourself

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66. To Build a Hatingness Machine
Not to Hate Yourself
67. To Build a Discardingness Machine
Not to Discard Yourself
68. To Build a Neglectingness Machine
Not to Neglect Yourself.
69. To Build an Abandoningness Machine
Not to Abandon Yourself
70. To Build an Ignoringness Machine
Not to Ignore Yourself
71. To Build a Dismissingness Machine
Not to Dismiss Yourself
72. To Build a Freeingness Machine
Not to Free Yourself
73. To Build a Wastingness Machine
Not to Waste Yourself
74. To Build a Decayingness Machine
Not to Decay Yourself
75. To Build a Dyingness Machine
Not to Die Yourself

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76. To Build an Eradicatingness Machine
Not to Eradicate Yourself
77. To Build an Erasingness Machine
Not to Erase Yourself
78. To Build an Annihilatingness Machine
Not to Annihilate Yourself
79. To Build a Verminatingness Machine
Not to Verminate Yourself
80. To Build a Blankingness Machine
Not to Blank Yourself
81. To Build a Destroyingness Machine
Not to Destroy Yourself
82. To Build an Impedingness Machine
Not to Impede Yourself
83. To Build a Stoppingness Machine
Not to Stop Yourself
84. To Build a ~~Dismanthlingness~~ ^{Abolishingness} Machine
Not to ~~Dismanthle~~ ^{Abolish} Yourself
85. To Build an Obscuringness Machine
Not to Obscure Yourself

86. To Build a Blindingness Machine
Not to Blind Yourself
87. To Build a Screeningness Machine
Not to Screen Yourself
88. To Build an Avoidingness Machine
Not to Avoid Yourself
89. To Build a Shunningness Machine
Not to Shun Yourself
90. To Build a Disconnectingness Machine
Not to Disconnect Yourself
91. To Build a Numbingness Machine
Not to Numb Yourself
92. To Build a Suppressingness Machine
Not to Suppress Yourself
93. To Build a ^{Subduingness} ~~Repressingness~~ Machine
Not to ~~Repress~~ ^{Subdue} Yourself
94. To Build a Forgettingness Machine
Not to Forget Yourself
95. To Build an ^{Unconsciousizingness} ~~Unconsciousness~~ Machine
Not to ~~Unconscious~~ ^{Unconsciousize} Yourself
96. To Build an Amnesiaizingness Machine
Not to Amnesia^{ize} Yourself