

## NEW OT 1 INSTRUCTIONS

1. Make a list of terminals who have had ARC Breaks, PTPs or have committed overts against you to Fly Ruds on them .

2. Assess the first terminal and if reading on ARCX then fly Rud to F/N.

eg: Mother

“Does ( Mother ) have an ARC Break with me?”

If reading, then ARCU, CDEINR E/S to F/N, VGIs and no more reads.

3. Assess SAME terminal for PTP and if reading fly Rud to F/N.

eg: Mother

“Does ( Mother ) have a Present Time Problem with me?”

If reading, then Itsa E/S Itsa to F/N VGIs and no more reads.

4. Assess SAME terminal for W/Hs and if reading fly Rud to F/N.

eg: Mother

“Does ( Mother ) have a Withhold from me?”

If reading, then get What, When, All, Who to F/N, VGIs and no more reads.

Then take the NEXT terminal from your list and do 1 to 4 on IT.

Do this action until you have a big win, persistent F/N and cognition on doing the action.

Good Luck!