Affinity, Reality & Communication

In human experience, which is probably an experience senior to and creative of such a thing as the material universe, space, energy and matter become beingness, doingness and havingness.

Beingness is space regardless of energy and matter; doingness requires both space and matter; and havingness requires space and energy.

We have a gradient scale from space to matter which starts at the arbitrary number of 40.0 for our purposes and goes down to 0.0 for the purposes of *Homo sapiens* and to -8.0 for the purposes of estimating a thetan. This gradient scale is called the tone scale.

Space is found to be a broad characteristic from top to bottom of the scale and necessary to each part of it, but it is discovered that one has less and less space the more the scale is descended. If one were to attain zero space for himself, he would attain, even as a thetan, zero. That the body has space and the thetan apparently, to himself, does not have space, is responsible mainly for the feeling of not-beingness on the part of the thetan which causes him to forget his own identity.

On this tone-scale, we have a theoretical point of no energy at 40.0, and a point where energy begins to be solid around 0.0; well below this level we have matter formed of the type known in the material universe. Thus, one can see that this tone-scale is a gradient scale of energy, and that the energy is free toward the top of the scale and becomes less free and more fixed as one descends the scale.

A very important triangle in Scientology is the triangle called ARC. This stands for Affinity, Reality and Communication. It was used for some time before its relation to energy was understood.

Affinity is wave characteristic and is the range of human emotions. Human emotions manifest themselves in energy flows, dispersals and ridges. As the emotions drop down from high on the scale to low on the scale, they are found to follow a cycle of dispersals, flows and ridges. Each dispersal has a harmonic on the scale, each flow has a harmonic, and each ridge has a harmonic. Looking up the scale from zero one finds death as a ridge and, in human emotion, an apathy. Apathy reaches up some extent from death but at this end the harmonics are very close together and there are two unnamed human emotions immediately above apathy. One of them, next above apathy, is a flow; immediately above that there is a fear like dispersal. The next named emotion above apathy is grief. Grief is a ridge and is occasioned by loss. Immediately above grief there is a flow. The next named emotion, however, is the next level, the dispersal called fear which is a drawing away. There is a flow immediately above this called covert hostility. Above covert hostility is anger which is a solid ridge. Between anger at 1.5 and antagonism at 2.0 there is a dispersal—unnamed but visible in behavior. At 2.0 we have the flow outgoing called antagonism. Above this at 2.5 there is an idle dispersal known as boredom. Above boredom at

3.0 is a ridge called conservatism. At 4.0 we have another flow called enthusiasm. Each one of these points is a harmonic of a lower point. The characteristic of energy whether a flow, dispersal or ridge, expresses itself in human emotion in terms of affinity. Affinity is the cohesiveness of human relationships, and can be acceptance or rejection of such relationships. Affinity as here used is a degree of emotion. Its equivalent in the MEST universe is the cohesion and adhesion or revulsion from matter and energy itself as found in positive and negative currents, and in forms of matter.

Communication is an interchange of energy from one beingness to another; in the thetan and in *Homo sapiens* communication is known as perception. It is not solely talk, which is a symbolized form of communication which sums ideas which are themselves either a product of the tonescale or are above the tone-scale as the case may be. Sight, of course, is at the wavelength of light. Sound is recorded as hearing. Tactile and smell are low-level wave types of the particle variety. And all other perceptions can be found on this gradient scale of wavelengths, modified by the wave characteristic in terms of type, whether sine or more complex. The auditor must realize that communication is essentially directed or received energy and is inhibited by the willingness or unwillingness of the preclear to take responsibility for energy or forms of energy. Where responsibility is low, perception is low.

Reality is established by wave direction or lack of motion. As one ascends the tone scale from 0.0 he finds the realities are strongest at the points of flow and are weakest at the points where there are ridges on the scale. The reality of apathy, grief and anger is very poor, but in the immediate vicinity of these there are more intense realities. Reality is established by agreement or disagreement or no opinion. Agreement is an inflow to the individual; disagreement is outflow from the Individual; no opinion can be established by the proximity of the individual to the centre of a dispersal or by a ridge. Because of its wealth of energy and energy forms, the thetan finds himself ordinarily outdone in energy emanation by the Mest universe. Thus be is the target of an almost continuous inflow which causes him to have a consistent and continual agreement with the MEST universe. He seldom disagrees with the MEST universe, and the best processing one can do is to break this agreement and turn it into an opposite flow, for only in this wise can a preclear's ability to handle energy and be responsible for it be reestablished. If you ask a preclear to get the concept of agreeing, he will find himself experiencing an inflow upon himself. Hypnotism is performed by causing a subject to receive a continuous rhythmic or monotonous flow from the operator. After this flow has continued the subject will accept any reality which the operator cares to deliver unto him. It is in this case, evidently, with the MEST universe, and the solidity of the MEST universe is completely dependent upon one's acceptance of it in terms of agreement. Reality in essence is agreement or disagreement. When one speaks of reality, he speaks in terms of the MEST universe. The MEST universe, according to any computation one cares to make upon it, is found to consist of a high-level agreement amongst us. Those who disagree with the MEST universe are punished by the MEST universe. From the standpoint of the MEST universe, the greatest reality would be had by matter itself and this seems to be its evident goal toward the thetan, to make him into solid energy. The reality on one's own universe is poor because he is in a comatose state of agreement with the MEST universe. It is found on processing, however, that a preclear is in poor condition in direct ratio that he has accepted and agrees and complies with the MEST universe, and is in good and active condition in direct ratio to the degree he can break this flow of agreement and establish his own flows and thus create his

own universe. One's appreciation of the MEST universe is almost uniformly the energy which one himself places upon the MEST universe, in other words his illusions. When he loses his hopes and dreams (his illusions), it is because he has lost his ability to emanate energy back at the MEST universe and is dependent upon the energy the MEST universe thrusts at him.

ARC thus form a tone-scale. This tone-scale at any level finds a comparative state in affinity, in the reality and the communication abilities of the preclear. Thus, by testing the preclear and discovering his chronic emotion, his chronic state of agreement or disagreement, and his ability to communicate or not communicate, one establishes a level on this tone-scale. ARC form a triangle the corners of which are all at a single level. Thus, if one wishes to create an increase of tone for the preclear—and one must do that to increase his self-determinism—he will find that he cannot raise the emotional state of the preclear without also addressing the reality and communication of the preclear. He cannot raise the reality of the preclear without addressing his affinity and communication problems. He cannot raise communication with the preclear without addressing his reality and affinity problems. The worst mistake an auditor can make is to undervalue this triangle in processing. A more or less complete tone-scale can be found in *Science of Survival*, and Book I of that volume is devoted entirely to an evaluation of the tone-scale and people.

There are two positions on the tone-scale for the preclear when he is still a *Homo sapiens*. The composite known as *Homo sapiens* is considered to be dead at 0.0 and can rise on the tone-scale to slightly above 4.0. Thus, *Homo sapiens* has this as his range. The thetan, however, who, in *Homo sapiens*, is below the level of awareness of self in terms of space and energy, has a wider range; and, as the thetan is basically the preclear and the beingness and identity of the preclear in actuality, this second range is even more important. This second range goes from -8.0 to 40.0 on the tone-scale. The optimum position for the thetan is considered to be 20.0 which is the point of optimum action. A *Homo sapiens* as such could not attain this level of the tone-scale because of his physical limitations.

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